



St. Paul's is a family, commissioned by Christ, gathered together in faith to glorify God and nurture spiritual growth through worship and service.



Our Sunday Service begins at 10:45 AM.
We are located at 319 Prescott Street at the corner of Mary Street in Kemptville, Ontario.

St. Paul's Matters

www.stpaulskemptville.ca

Spring - 2012



Living a Pilgrim Lifestyle

Dear St. Paul's Congregation:

"By faith Abraham obeyed when he was called to go out to the place which he would receive as an inheritance. And he went out, not knowing where he was going. By faith he dwelt in the land of promise as in a foreign country, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise; for he waited for the city which has foundations, whose builder and maker is God."

Hebrews 11: 8-10

We, as Christians, are a pilgrim people. The True Christian's Life is a daily Journey with God. In the book of Genesis chapter 12, God spoke to Abraham saying: "Get out of your country, from your family and from your father's house, to a land that I will show you. I will make you a great nation; I will bless you and make your name great; And you shall be a blessing." And the Bible records that Abraham immediately responded to God's call: "and he went out, not knowing whither he went."

In a sense, Abraham is the spiritual father of all of us who seek to live by faith in God. Therefore, what it means for us as individuals and as a congregation to be a pilgrim people of faith.

First, I believe that to live the Pilgrim lifestyle means to leave the known and to explore the unknown. It is to move from managing security to managing risk. It is to walk by faith and not by sight.

To illustrate this style of life, we can do no better than to repeat again Abraham's response,

"And he went out, not knowing where he was going." To live by faith is always a going out and not knowing where we might end, we trust our living God who is on the lead.

In the Bible there are many stories of God leading His people and His Church equipping them and providing every need. Sometimes we're afraid to go forward, but God calls us as individuals and God calls us as a church to move out in faith.

The second quality of the pilgrim lifestyle is to follow and live in hope. The pilgrim who lives by faith in Jesus Christ, as Savior and Lord, can hope. Our hope is in Him who rose victorious from the dead on Easter day so we could be victorious with Him.

The author of the Letter to the Hebrews describes Abraham's faith and hopefulness saying: "for he waited for the city which has foundations, whose builder and maker is God."

As we move through all the changes here at St. Paul's, it is my prayer that together we will be people who will:

- Walk by faith and not by sight as we vision and plan the future of our congregation; and,
- Keep in mind that it is God who calls us and therefore God will guide and provide for us as we go.

May this prayer be so in your life and my life and the life of St. Paul's congregation!

God Bless you. Rev. Samer Kandalaf

Karen Messenger Follows Her World Cup Dream

Recently, I had the honour and privilege to race for Canada at the International Biathlon Union (IBU) Cups Nos. 6 and 7 in Canmore, Alberta. The races took place on Feb. 11 and 12, and Feb. 15 and 16.

The IBU Cup is one level below the World Cup, but many athletes go between the two levels. Some of the athletes that raced in Canmore this month have raced on the World Cup as well, and some have raced for their country at the Olympics. To be among such high-calibre athletes was really exciting and such a rewarding experience.

This is the first time that the IBU Cup has been hosted outside of Europe. Biathletes from 13 nations participated in the event, including the powerhouses of biathlon - Germany, Norway and Russia.

In order to make the team, I had to compete in two trials on Feb. 4 and 5 that would determine the Canadians who would complete the team of 10 women and 10 men who would represent Canada on home snow. You train all year and you really put yourself out there and hope that it will all come together in that moment when you really need it to. Ranking third in those preliminary races solidified my spot on the Canadian team for the Canmore IBU Cup races.

The series of four races started off slowly, but I learned so much from my first international biathlon racing experience. I went from missing eight shots out of 10 and placing 37th and last in the first 7.5km sprint race to hitting 10 out of 10 and placing 31st in the next sprint race the following day. It was something that my coaches called "the definition of a turnaround."

The sprint event consists of three skiing laps of 2.5km each with two shooting bouts. The penalty for each miss is skiing a 150m penalty loop.

I went on to have my personal best shooting in the 15km individual race, hitting 18 out of 20. The individual event consists of five skiing laps of 3 km each and four shooting bouts. A one-minute penalty is added for each miss. I ended up placing 25th and was the fourth fastest Canadian that day.

I went on to improve my sprint ranking by finishing 29th in the last race, missing only one shot.

It was great to ski on my home course and have so many friends and teammates there to cheer me on. I knew that my family was watching me back home in Kemptonville on the Internet, and it helps to know that I have so much support.

It was such a great experience to race against athletes from all over the world. There was always someone on the course to ski with and try and chase down. It was also a great opportunity to learn where I can improve my own racing.

This has truly been a dream come true for me! Ever since I was a little girl and watched the Olympics on TV, I have always wanted to represent Canada. I'm looking forward to racing at Biathlon and XC Nationals in Valcartier and Mont Ste. Anne, Quebec.

It is so inspiring to be racing at this level. It makes me want to improve my skiing and shooting even

more and just see how far I can go in the sport.

I appreciate all of the support that I am getting from my family and friends and welcome anyone who might be interested in helping me achieve my goals, through encouragement or sponsorship, to contact me at xckaren@gmail.com or my parents, Donald and Judy, at Box 966, Kemptonville, Ontario, K0G 1J0.

To follow Karen's progress and learn more about biathlon, visit www3.biathlonworld.com/en/e.html



"Nowruz Mubarek" - Submitted by Shahrzad Kandalaft



Nowruz marks the first day of spring and the beginning of the New Year in the Iranian calendar. Its origin is in Zoroastrian religion. The feast is celebrated on March 21st. In Persian language, "now" means new and "ruz" means day. Nowruz means "The New Day".

As winter gives way to spring, Nowruz is a time of renewal, hope and joy. The theme of renewal is an important aspect of the customs surrounding Nowruz; personal renewal, a renewal of friendships and a renewal of the home.

In the month leading up to New Year's day, housekeepers do thorough spring cleaning for their homes. Preparations are made for a Nowruz table, new clothes, sweets, flowers and buying seven items which start with letter "S" or "Sh" for the Nowruz Spread.

The Nowruz Spread or Table has significance to Iranians in the way a Christmas

tree has to Christians. The Nowruz Spread or Table contains seven items depending on the tradition being followed. The number seven represents:

- God and His six abstract attributes or archangels.
- The seven components of creation: fire, air, water, earth, plants, animals and human beings.
- The seven ethical concepts: wisdom, goodness, righteous deeds, self-confidence, peace, wholeness and perseverance.
- The seven acts of piety: generosity of the spirit, speaking well of others, sharing, selfless help towards those in need, community participation, honesty, remembrance of the souls of the righteous and one's ancestors.

Nowruz is a time of renewed and reaffirmed commitment to personal goals, energy, positive relationships, and honour and care for the environment and creation. Parents often give their children new clothes and sometimes money in an envelope as gifts.

Words used to wish a Happy New Year are: 'Nowruz Mubarak' and 'Sol-e Now Mubarak', meaning: "Have a blessed New Year" and "Happy New Year".

As we approach the Easter Day, may the resurrected Lord, Jesus Christ, renew our relationship with Him and our commitment to His creation.

Congratulations to Mark Kandalaft!



Mark Kandalaft participated in the Contemporary Canadian Music Festival in Ottawa on Saturday November 26, 2011.

He was chosen by the adjudicator to play music in the Showcase Gala on January 22, 2012 where he received an award from the organizers of the festival.



DID YOU KNOW THAT OUR WEBSITE AT ST. PAUL'S IS UPDATED EVERY WEEK? IT IS A GREAT PLACE TO LOOK FOR PHOTOS AND INFORMATION. YOU CAN FIND IT AT:

**STPAULSKEMPTVILLE
.CA**

IF YOU KNOW OF FRIENDS OR NEIGHBOURS WHO WOULD LIKE TO RECEIVE OUR NEWSLETTER BY EMAIL, CONTACT JIM ARMOUR AT j.armour@cogeco.ca

HOLY COMMUNION WILL BE HELD ON:

June 3, 2012

October 7, 2012

December 2, 2012

Congratulations Laura and Joseph!



Laura Stark married Joseph Peat on January 21st. They are living in Ottawa until May when they move to Alberta. Laura just graduated from Carleton University with a BA (Criminal Psychology) and a BScN (Forensics).

“Vestigia” By Bliss Carman

I took a day to search for God,
And found Him no. But as I trod
By rocky ledge, through woods untamed,
Just where one scarlet lily flamed,
I saw His footprint in the sod.

Then suddenly, all unaware,
Far off in the deep shadows, where
A solitary hermit thrush
Sang through the holy twilight hush
I heard His voice upon the air.

And even as I marvelled how
God gives us Heaven here and now,
In a stir of wind that hardly shook
The poplar leaves beside the brook -
His hand was light upon my brow.

At last with evening as I turned
Homeward, and through what I had learned
And all that there was still to probe -
I caught the glory of His robe
Where the last fires of sunset burned.

Back to the world with quickening start
I looked and longed for any part
In making saving beauty be ...
And from that kindling ecstasy
I knew God dwelt within my heart.

Submitted by Dianne Jorgensen

“Does God Exist?” - Submitted by Heather Stewart

A man went to a barbershop to have his hair cut and his beard trimmed. As the barber began to work, they began to have a good conversation. They talked about so many things and various subjects.

When they eventually touched on the subject of God, the barber said: "I don't believe that God exists."

"Why do you say that?" asked the customer.

"Well, you just have to go out in the street to realize that God doesn't exist. Tell me, if God exists, would there be so many sick people? Would there be abandoned children? If God existed, there would be neither suffering nor pain. I can't imagine a loving God who would allow all of these things."

The customer thought for a moment, but didn't respond because he didn't want to start an argument.

The barber finished his job and the customer left the shop. Just after he left the barbershop, he saw a man in the street with long,

stringy, dirty hair and an untrimmed beard.

He looked dirty and unkempt. The customer turned back and entered the barbershop again and he said to the barber: "You know what? Barbers do not exist."

"How can you say that?" asked the surprised barber. "I am here, and I am a barber. And I just worked on you!"

"No!" the customer exclaimed. "Barbers don't exist because if they did, there would be no people with dirty long hair and untrimmed beards, like that man outside."

"Ah, but barbers DO exist! That's what happens when people do not come to me."

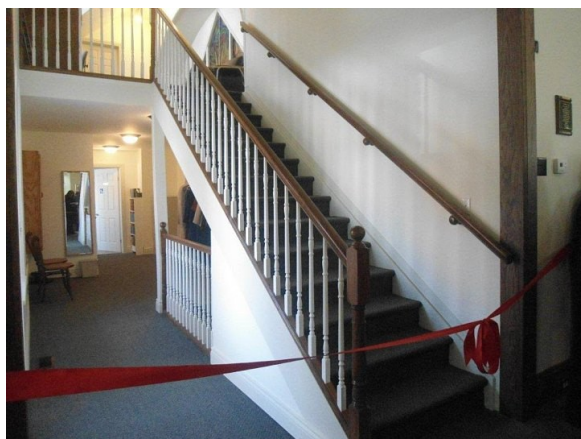
"Exactly!" affirmed the customer. "That's the point! God, too, DOES exist! That's what happens when people do not go to Him and don't look to Him for help. That's why there's so much pain and suffering in the world."



BE BLESSED & BE A BLESSING TO OTHERS!

“What’s in a Name?” - The Story Behind Our New Rooms

On March 4th, a special service was held at St. Paul's Presbyterian Church in Kemptville to dedicate our new accessible facilities to the glory of God.



As part of that service, we also named the multi-purpose room downstairs after The Reverend W.J. Macdowell and recognized the generous donation of the new Minister's Office in memory of The Reverend Gardner and Mrs. Edith Dickey.

Who, you might be wondering, are they?

The Reverend William J. Macdowell was our founding minister and oversaw the construction of the main church building on the corner of Prescott and Mary Streets.

Mr. Macdowell was original from County Antrim in Ireland and came to the Kemptville area in 1845. He held services in a log church at Dennison and Bedell Roads, as well as the log church at Pelton's Corners.

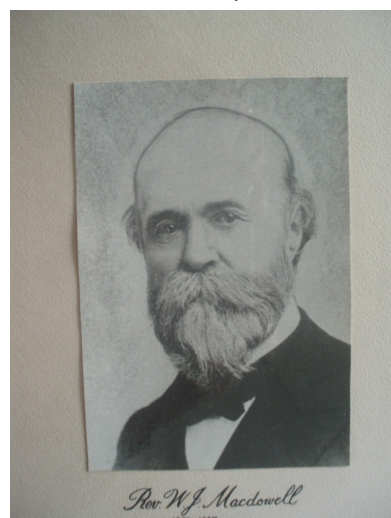
In 1848, The Reverend W.J. Macdowell started raising funds for the construction of a new church building in Kemptville. He visited American Presbyterians in New York State and solicited

funds from Ireland as well.

Three years later in 1851, St. Paul's was dedicated - though the church spire and the beautiful wood ceiling weren't added for another forty years.

W.J. Macdowell left the area in 1857 to serve congregations in New York State, but his name was not forgotten.

In 1905, the Macdowell family presented St.



Paul's with the individual communion service that we still use today.

Then in 1928, a stained glass window entitled "The Good Shepherd" was given in W.J. Macdowell's memory by Miss Jane Mundle. (The Rev. W.J. Macdowell's sister had married James Mundle.)

The other stained glass window at the back is in memory of the Mundle Family.

The Reverend Gardner Dickey was born on August 28, 1888 in Belfast, Northern Ireland. He immigrated to Canada in 1906 and graduated from the University of Saskatchewan in 1922 and from St. Andrew's Theological College in 1925. Three years later, he received a Bachelor of Divinity degree from Knox College in Toronto.

The Reverend Gardner Dickey served congregations in West Hill, Ontario; Rosetown, Saskatchewan; Kamloops and New Westminster, British Columbia; and finally, in Selkirk, Manitoba. Mr. Dickey was minister of Knox Presbyterian Church in Selkirk for 19 years and after his death in 1963, a stained glass window was placed in the church in his honour.

Edith Ellen Dickey (née Francis) was born in Orillia, Ontario on March 16, 1898. After attending public school and high school, she attended teacher's college in Peterborough and then taught for nine years until her marriage.

As The Reverend Gardner Dickey's partner in ministry, Edith Dickey served in the Ladies Aid, as a Sunday School Teacher, a Cradle Roll Superintendent, a Mission Bandleader and a lifelong member of the Women's Missionary Society. On top of that, she was an avid gardener and her flowers gave great delight to everyone who saw them.

In 1968, Mrs. Dickey moved to Kemptville to live with her daughter and son-in-law, Moira and Jerry Anderson. Edith was an active member of St. Paul's until she died in her 100th year.

The Minister's Office and its furnishings were donated in loving memory of The Reverend Gardner and Mrs. Edith Dickey by Moira and Jerry Anderson.



25th Wedding Anniversary Celebration - Submitted by Ray Porter



Darlene (née Porter) and Wayne Dillabough were married at St. Paul's Presbyterian Church on February 7, 1987. Family and friends gathered at the Roebuck Community Hall on Saturday, February 4th to celebrate their twenty-fifth anniversary.

Over 200 guests - invited by Darlene and Wayne's children, Krista and Kelsey - enjoyed a wonderful evening of laughter, fun and dancing. It was a terrific way to mark this milestone in Darlene and Wayne's life together.

What's New in the Library - Submitted by Sharon Côté

Bible and References

Holy Bible - New Revised Standard Version

Biographies

Remembering E.H. Johnson - Compiled and

Edited by Marjorie Ross

Choosing to See - By Mary Beth Chapman

Children

Jonah - A Veggie Tales Video

An Easter Carol - A Veggie Tales Video

The Lion Children's Bible - By Pat Alexander

and Carolyn Cox

International Children's Bible, MAGNIFY -

The Complete New Testament for Kids

CDs

New Music for the Church Year 2001-2003

RESCUED - A Dramatized Audio Story Produced by John Bevere

Fiction

Tomorrow's Treasure - By Linda Lee Chaikin

The Color of Your Skin Ain't the Color of Your

Heart - By Michael Philips

Together is All We Need - By Michael Phillips

The Solitary Envoy - By T. Davis Bunn and

Isabella Bunn

The Shepherd of the Hills - By Harold Bell

Wright

Non-Fiction

For Zion's Sake - By Hans Vanderwerff

Just for You - By Max Lucado

Poetry, Prayers and Meditations

The Image of Christ - Art by Morgan Weistling

Worship the Lord - By Jane L. Fryar

Understanding the Purpose and Power of

Prayer - By Dr. Miles Munroe

Youth

Total Devotion - By Kevin Johnson

The Bible Detective - By Carol Smith

Happy Thoughts for Bad Hair Days - By Andrea Stephens

The Bible Brain Workout - Compiled and

Arranged by The Rev. T.H. Darlow

Anybody Got a Clue About Guys? - By Susie

Shellenberger

Mission Projects at St. Paul's

Hélène Campbell and A Lung Story

St. Paul's has been raising money for two mission projects in the month of March. Both are extremely good causes that are worthy of your support.

The first is to support Hélène Campbell as she waits for a double lung transplant in Toronto. Hélène is from Ottawa and spent many summers at Gracefield Camp. Her grandfather was also the former minister at St. Paul's Presbyterian Church on Woodroffe Avenue in Ottawa.

Hélène was recently diagnosed with Idiopathic Pulmonary Fibrosis that permanently scarred her lungs leaving them with only 25% capacity. Because Hélène had to move to Toronto there are additional expenses for her family, including her mother who moved to be with her.

St. Paul's Kemptville wanted to help with those costs. Along with whatever the congregation donates in March, the Mission Committee will top up the total with an extra \$500. Please give generously and mark "Campbell" on your offering envelopes.

While Hélène has been waiting, she's launched a public campaign to raise awareness about the importance of organ and blood donations. Learn more by visiting alungstory.ca and beadonor.ca.

Katelyn's Cariboo Adventure

The St. Paul's Church School has been learning all month about Presbyterians in the Central Interior of British Columbia. Cariboo is a vast region of forests, ranches and reserves where the communities are separated by hundreds of kilometers of rough roads.

Rather than meeting on a Sunday in traditional buildings, the people of Cariboo gather on various days of the week to worship God in house churches.

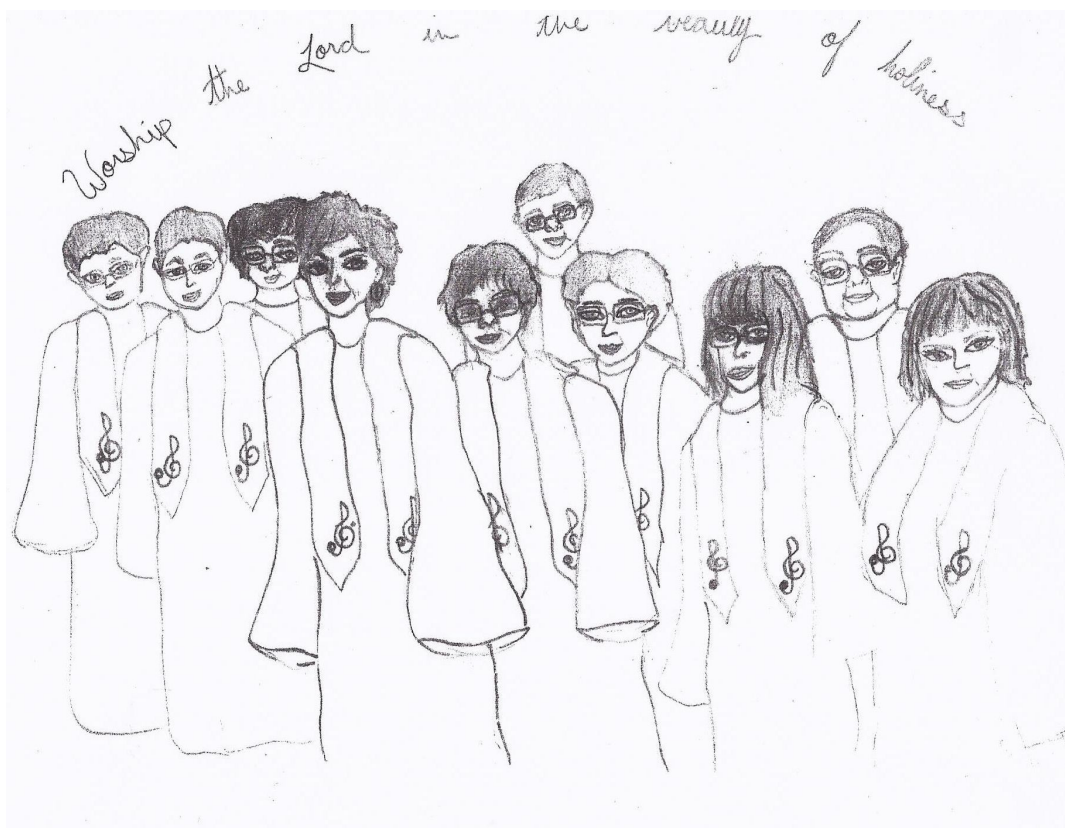
As you can imagine, it takes a lot of driving and a very sturdy truck for ministers to reach their congregations. The Church School wants to help and hopes to raise \$200 to go towards gas and a new vehicle. If you can help, please mark "Cariboo" on your offering envelopes.

The young people will wrap up their project on April 1st at a special Palm Sunday luncheon.

Presbyterians Sharing

At our last annual meeting, St. Paul's committed to donating at least \$5,200 to Presbyterians Sharing. It's a national fund that supports mission work in Canada and around the world. Learn more at Presbyterian.ca/sharing.

A Sketch of St. Paul's Choir - Submitted by Skyler Green



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Renovation Musings From Steven Verhey

I had always thought that a church building should reflect its people—who they are and what they need.

Our sanctuary was fairly large, and the choir quite distant from the rest of the congregation. When I first came to St. Paul's as organist, I remember Jean Dibb telling me that the choir could not be heard well from inside the archway, unless they all stepped forward. (At the time this was impossible because the choir would not fit in a single row.)

I also recall being very uncomfortable with my back toward the congregation and hoping that some choir members wouldn't fall down the stairs.

Quite a number of years ago, the Board of Managers discussed the value of having washrooms on the main level. The simplest solution would have been to take a small portion of the church school hall and put in a couple of small washrooms. At the time though, we needed

every square foot for special occasions such as the Christmas bazaar. More recently the Church School shared the desire to have another classroom. This was one of the things that sparked our current renovation project.

I think now, we finally have a configuration that does reflect who we are and what we need.

There are a couple of discoveries that we made during the renovation that I thought might be interesting to some.

As most of us know, the Church School hall and the original choir loft were added fifty some years after the construction of the main sanctuary.

I believe that the choir robe area was not built all at the same time judging by its construction. It appears that the original staircase ascended into a short hall and then to the doorway which was on the same level as the back row of the choir area. The staircase and hall were enclosed with a wall on both sides.

the descending staircase with the landing seemed to be original, but there wasn't the dropped ceiling overhead. This landing area would have had the benefit of the window beside the emergency door, as well as the circular window above it.

It is apparent to me that some time later, the windows were blocked, and a new overhead floor was built to facilitate an area for choir robes and music.

Another discovery made was that there is evidence that the original sanctuary had possibly two or three windows along the wall behind the minister. As most of us would realize, the archway we

now have was another stone wall (as well as the panelled doors). One can almost see the outline of the top of a narrow arched window partially disguised by the plaster over the first door panel.

There is a stone archway which would have encased a window the top of which is clearly evident in the new storage room off of the new office.

One can only presume that due to the perfect symmetry of the original sanctuary that there was another window, and possibly a third in the middle, behind the minister's area.

Then there was the original position of the minister's platform. When the demolition of the

area was made, there was an outline of stain where the wainscoting met the floor (underneath the carpet.) Approximately three feet behind this line there was another line in an identical arc. I believe that the minister's platform was originally three feet further against the original back wall, but was extended outward to facilitate the steps

that were built to connect with the choir loft when it was built.

My other thoughts were more about people, than about the building elements. I believe that as a church we are a fairly cohesive body. It would be almost impossible to make a list of all those who were instrumental in making the project happen.

I would like to acknowledge the many different ways in which the congregation took part. We had professionals who volunteered part or all of their time. There were many who helped with the work in a variety of different ways.

What touched my heart in particular, were those who may not have totally approved of the project who nonetheless contributed in the work.

There were families and couples who donated either portions or particular elements of the project. There were also those who are encouragers, those who feel inadequate in such projects, but without whose backing many of us would not have felt able to continue. And of course there were those who were busy in prayer.

One lady in particular I recall coming to the church making it clear to me that we were under a mantle of prayer.

My final thought for the future comes from my dad's favourite scripture verse: "I can do all things through Christ who strengthens me." Will you allow me to alter the verse slightly for our church:

"We can do all things through Christ when He enables us."

